

The book was found

Beyond The High Blue Air: A Memoir

"Like *The Year of Magical Thinking* by Joan Didion, *Beyond the High Blue Air* is a spare, sharp memoir about the speed with which a comfortable existence can be blighted by grief."

—Bee Wilson, *The Sunday Times*

B E Y O N D
T H E
H I G H
A memoir
B L U E
A I R
L U S P I N N E Y



Synopsis

“Like The Year of Magical Thinking by Joan Didion, Beyond the High Blue Air is a spare, sharp memoir about the speed with which a comfortable existence can be blighted by grief.” •Bee Wilson, The Sunday Times
Lu Spinney’s memoir Beyond the High Blue Air is at once a portrait of the fearlessness of familial love and the profound dilemma posed by modern medicine. When Spinney’s twenty-nine-year-old son, Miles, flies up on his snowboard, “he knows he is not in control as he is taken by force up the ramp,” writes his mother, “skewing sideways as his board clips the edge and then he is hurtling, spinning up, up into the free blue sky ahead . . . He lands hard on the ice and falls into a coma. Thus begins the erratic loss • Miles first in a coma and then trapped in a fluctuating state of minimal consciousness that unravels over the next five years. Spinney, her husband, and three other children put their lives on hold to tend to Miles at various hospitals and finally in a care home. They hold out hope that he will be returned to them. With blunt precision, Spinney chronicles her family’s intimate experience. And yet, as personal a book as this is, it offers universal meaning, presenting an eloquent and piercing description of what it feels to witness an intimate become unfamiliar. This is a story about ambiguous loss: the disappearance of someone who is still there. Three quarters of the way through, however, Spinney’s story takes a turn. The family and, to the degree that he can communicate, Miles himself come to view ending his life as the only possible release from the prison of his body and mind. Spinney, cutting her last thread of hope, wishes for her son to die. And yet, even as she allows this difficult revelation to settle, she learns that this is not her decision to make. Because Miles is diagnosed as being in a “minimally conscious state” rather than a “persistent vegetative state,” there is no legal way to bring about his death, a bewildering paradox that Spinney navigates with compassion and wisdom. This profound book encompasses the lyrical revelations of a memoir like Jean-Dominique Bauby’s The Diving Bell and the Butterfly as well as the crucial medical and moral insights of a book such as Atul Gawande’s Being Mortal.

Book Information

File Size: 1025 KB

Print Length: 272 pages

Publisher: Catapult (August 15, 2017)

Publication Date: August 15, 2017

Language: English

ASIN: B01MXXLISH

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #53,652 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #16

in Kindle Store > Kindle eBooks > Nonfiction > Parenting & Relationships > Family

Relationships > Parent & Adult Child #44 in Kindle Store > Kindle eBooks > Health, Fitness &

Dieting > Death & Grief #46 in Books > Parenting & Relationships > Family Relationships >

Parent & Adult Child

Customer Reviews

A mother's love and battle for her son...from the early days after he suffered a devastating injury, and on through the years as hope becomes determination to help her son achieve peace. The story is so poignant, the writing so lyrical, that Miles becomes every mother's son. I will not forget this amazing young man and his remarkable family as they take a journey no family should ever have to endure.

A mother's stirring tribute to her beloved son, Miles. An evocative, haunting, and deeply loving exploration of the frustrations and pain wrought by TBI (traumatic brain injury); its effects on both Miles and his family, and the process they must all move through toward a conclusion that is not only acceptable, but in its way, welcomed. Measured, eloquent, and sorrowful, this book celebrates the magnificence of both life and death.

An honest and heart wrenching read, Lu Spinney's account of her son's life after suffering a traumatic head injury from a skiing accident is a reminder of how a single incident can change not just one person's life instantly but a family's. Beautifully written the reader discovers how Lu's intelligent, healthy and determined eldest son Miles is left immobile and in a minimal state of consciousness after his tragic accident. A compelling and emotional read Lu Spinney has created a worthy memoir for her gifted son that shows the unwavering love a mother has for her son.

[Download to continue reading...](#)

Air Fryer: Air Fryer Cookbook: Air Fryer Recipes: Healthy, Quick, & Easy Air Fryer Recipes for You & Your Family (Air Fryer, Air Fryer Cookbook, Air Fryer Recipes Book 1) AIR FRYER: TOP 35 Easy And Delicious Recipes In One Cookbook For Everyday Life (Air Fryer Recipe Book, Air Fryer Cooking, Air Fryer Oven, Air Fryer Baking, Air Fryer Book, Air Frying Cookbook) AIR FRYER COOKBOOK: 135 AMAZINGLY DELICIOUS QUICK & EASY AIR FRYER RECIPES (air fryer healthy recipes, air fryer paleo, air fryer ultimate, air fryer gluten free, air fryer ketogenic) Air Plants: A Beginners Guide To Understanding Air Plants, Growing Air Plants and Air Plant Care (Air Plants, Ornamental Plants, House Plants) Air Plants: Everything that you need to know about Air Plants in a single book (air plants, air plant care, terrarium, air plant book) Air Fryer Cookbook: 450 Amazingly Healthy & Delicious Air Fryer Recipes. (With Nutrition Facts of Each & Every Recipe) (Air fryer Cookbook, Air fryer Recipes, Air fryer Recipe Book) Air Fryer Cookbook: Healthy & Easy Air Fryer Recipes for Everyone (Air Fryer Recipe Book, Air Fryer Cooking, Best Air Fryer Recipes) High Fiber Recipes: 101 Quick and Easy High Fiber Recipes for Breakfast, Snacks, Side Dishes, Dinner and Dessert (high fiber cookbook, high fiber diet, high fiber recipes, high fiber cooking) Beyond the High Blue Air: A Memoir Air Fryer Recipes: The Ultimate Air Fryer Recipes Book for Your WHOLE Family - Includes 101+ Delicious & Healthy Recipes That Are Quick & Easy to Make for Your Air Fryer (Air Fryer Series) Air Fryer Cookbook: 365 Days of Air Fryer Cookbook - 365 Healthy, Quick and Easy Recipes to Fry, Bake, Grill, and Roast with Air Fryer (Everything Complete Air Fryer Book, Vegan, Paleo, Pot, Meals) BOOK BUNDLE: The complete set of 3 awesome Air Fryer cookbooks: Air Fryer Made Simple, Air Fryer Advanced, Air Fryer Ultimate. Make pro level dishes from the comfort and privacy of Your kitchen! Air Fryer Cookbook: The Quick & Easy Guide to Delicious Air Fryer Meals - Air Fryer Recipes - Complete Air Fryer Guide Air Fryer Ultimate Cookbook - 2nd Edition: The Quick & Easy Guide to Delicious Air Fryer Meals - Air Fryer Recipes - Complete Air Fryer Guide Air Fryer Recipes Cookbook: Delicious 123 Recipes to Fry, Bake, Grill, and Roast with Your Air Fryer(Air Fryer Cookbook, Oil Free Cookbook,Healthy Air Fryer Recipes) AIR FRYER RECIPES: AIR FRYER COOKBOOK: 500 BEST RECIPES TO FRY, GRILL, ROAST AND BAKE (paleo, clean eating, keto, healthy meals, air fryer recipes cookbook, ... cooking for two, vegan, Instant meal, pot) Paleo Air Fryer: 365 Days of Perfect Paleo Air Fryer Recipes: Complete Air Fryer Cookbook, Quick and Easy Healthy Recipes, Roast, Grill, Fry and Bake, Paleo, Vegan Meals Air Fryer Cookbook: Quick and Easy Low Carb Air Fryer Vegetarian Recipes to Bake, Fry, Roast and Grill (Easy, Healthy and Delicious Low Carb Air Fryer Series) (Volume 4) Air Fryer Cookbook: The Comprehensive Air Fryer Cookbook for Busy People - Includes 40+ Healthy, Quick & Easy Recipes for Beginners (Air Fryer Series 2) Air Fryer Cookbook: 50 Most Delicious and Easy American and British Air Fryer Recipes

to Grill, Fry and Roast with you Air Fryer

Contact Us

DMCA

Privacy

FAQ & Help